



# **CADET WEEK 2024**

**5th to 9th AUGUST**

**NOTICE OF RACE & "ON-WATER" INFORMATION**

## 1. ORGANISING AUTHORITY

The Organising Authority (OA) is the Walton and Frinton Yacht Club RYA Recognised Training Centre (RTC).

The event will operate in according with the Standard Operating Procedures of the RTC.

## 2. VENUE

The venue will be Walton and Frinton Yacht Club, Mill Lane, Walton on the Naze, CO14 8PF.

## 3. BOATS AND FLEETS

The fleets for the event will comprise the following:

Zero to Hero	For the non-sailor, or sailor requiring a confidence boost. Ran by RYA instructors in optimist dinghies and staying close by the club. Cadets will be able to gain confidence on the water and work towards their RYA stages. places are limited to 9 cadets only.
Non sailor Jolly	Cadets will experience the fun of sailing and progress to experiencing the fun of racing under the supervision of RYA instructors. There are 8 places for cadets who will be split into two teams of 4 each sailing with an instructor.
Regatta fleet	Cadets who hold RYA youth sailing scheme stage 2 and less confident sailors. Sailing area will be on the wade.
Champion ship fleet	Cadets who hold RYA youth sailing scheme stage 3 and above. Sailing area will be on the wade and cadets will be expected to sail to and from the wade daily.

Club boats will be allocated on Monday 5th August during the initial briefing.

#### 4. ENTRIES

Entering is via the booking system on the WFYC website.

A non-refundable entry fee shall be paid at the time of registration, as per the table below:

#### PRODUCTS AND PRICES

PRODUCT/BOOKING	MINIMUM QUALIFICATION	PRICE £	NOTES
Pico first person	RYA Youth sailing scheme stage 2	140	Max age 17
Pico Second person (optional)	RYA Youth sailing scheme stage 1	140	Min age 8. Max age 17.  Must be booked with Pico first person
RS Tera	RYA Youth sailing scheme stage 2	140	Max age 14
RS Feva	RYA Youth sailing scheme stage 4	150	Max age 17, Min age 13.

			Need to book second crew at same time.
Feva Second Crew	RYA youth sailing scheme stage 4	150	Min age 10
Own boat	RYA Youth sailing scheme stage 2	100	Max age 17 Need to know type of boat. If double-hander need to book second crew at same time.
Own boat Second Crew	RYA youth sailing scheme stage 1	100	Max age 17
Optimist	RYA Youth sailing scheme stage 2	140	Max age 13
Non sailor Jolly	None	110	Max age 17. Instructor supported on board the boat.
Zero to hero fleet	none	190	Min age 8, max age 13  This will be in optimists and take place in sight of the club house

## 5. PROVISIONAL PROGRAMME

- a) Online registration opens January 2023 and closes Friday 5th July 2024
- b) Registration in person, following online booking is on Monday 5th August 1015-1100. Please note during the briefings registration will close temporarily..
- c) Briefing for all volunteers will be at 0800 am on Tuesday 1st August, upstairs in the clubhouse in the Bill Gibbon room.
- d) First mandatory briefing for all parents and careers is at 1000 am Monday 5th August upstairs in the clubhouse
- e) Briefing for all cadets will be at 1030 am on Monday 5th August
- f) Participants in the regatta or championship fleet are responsible for their boat to be ready to launch by time of briefing Monday through to Friday. Instructors will be on-hand to assist.
- g) Racing days from Monday 5th August to Friday 9th August.
- h) The evening programme is part of the 'programme of events document' found on the website. Start time/s of events, and locations, will be weather and "end of racing" dependent. This will be confirmed at the daily briefing.
- i) Prize giving on Friday 5th August approximately at 1745 in the vicinity of the club house.

## 6. SIGNALS MADE ASHORE AND AFLOAT

Signals made ashore will be shown by a flag system from the main WFYC flag-pole as follows:

**RED FLAG = No racing today/No more racing today**

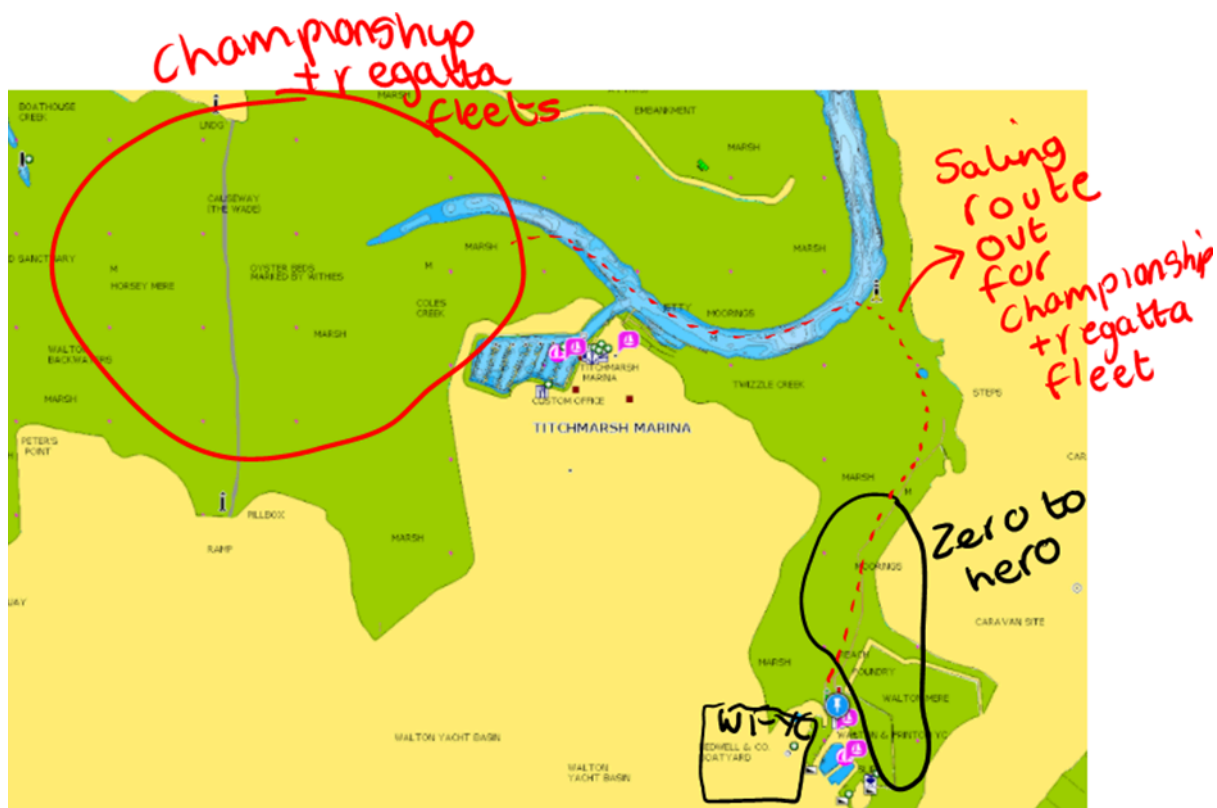
**GREEN FLAG = Begin to launch**

Signals made afloat will be displayed on the Committee Boat and relayed to competitors by SRBs.

Race starting sequence signals for champion and regatta fleets will be made as per point 12 Part 3 (below).

**EMERGENCY ACTION – On hearing multiple long whistle blasts all competitors are to land on the nearest mud bank, stay with their boats, and await further instructions from the SRBs.**

## 7. FLEET LOCATIONS



## 8. SAFETY/SUPPORT BOAT (SRBs) PROVISION

Safety boats will be manned by instructors, assistant instructors, and volunteers who meet the qualifying criteria required by the RTC Standard Operating Procedures.

There will be a SRB volunteer and instructor briefing at 0930 in the Bill Gibbon room on Monday 5th August

The SRB to dinghy ratio of 1:6 will be in operation throughout the week.

Instructors, from the SRBs, will provide coaching to the competitors whilst on the water in addition to rescue and safety provision.

**Cadets must follow instructions given by SRB crews. Failure to do so may result in disqualification from the event.**

Those wishing to volunteer for SRB duties should make themselves known to Heidi by emailing [heidi@wfyc.co.uk](mailto:heidi@wfyc.co.uk)

## 9. PRIZES

There will be prizes for the top three placed in each fleet.

There will be additional “fun” awards for stand-out moments during the week.

## 10. MEDIA

By entering the event competitors are allowing themselves to be filmed and photographed whilst taking part in the event in order that W&FYC RYA training centre can share the anticipated success of the event. Such media may be used in future advertising.

## 11. Recruitment of volunteers

WFYC cadet week cannot run without volunteer support. We would be very grateful for your support on the water, on shoreside and with evening entertainment. Please contact [heidi@wfyc.co.uk](mailto:heidi@wfyc.co.uk)

Recruitment of volunteers will happen in advance of the event; a criminal record self-disclosure form will be completed and qualification checks are required by all personnel who wish to take part.

**The below sections are most relevant for championship fleet and regatta fleet and must be read by parents, careers, and competitors.**

## 12. RULES






**Part 1:** Racing will be governed by the Racing Rules of Sailing 2017-20 (RRS), the prescriptions of the RYA and the Rules of the Class, except as any of these are changed by these Sailing Instructions.

Additional rule changes may be made by the Person in Charge (PIC) or Race Officer (RO) as deemed appropriate and these will be posted on the noticeboard by the boat shed.

**Part 2: Rules amendment:** When boats meet the RRS should be followed. However, the OA is aware that not all competitors have a comprehensive knowledge of those. Every competitor will be reminded, in any event, to avoid a collision. Instructors aboard Support Rescue Boats (SRBs) will help to coach competitors more about the rules as the event progresses.

### Part 3: Starting Races:

Races will be started by using the following signals:

Time	Sound signal	Visual signal	
Before starting			Committee boat "on station" – ready for start of racing. Orange Flag on mast.
5 minutes to go	Toot		Class flag goes up on sound signal (GP14 class here).
4 minutes to go	Toot		P Flag (Blue Peter) goes up on sound signal.
1 minute to go	Long Toot		P flag goes down, long sound signal.
Start	Toot		Class flag goes down.

### Part 4: Rule 40

Competitors are entitled to outside help from personnel aboard designated SRBs to coach them round the course, help with the racing rules, and help in the event of capsize. Instructors aboard SRBs will be entitled to determine whether competitors are able to continue/complete races in the event of capsize or other mishap.

### Part 5: Protests

Protests will not be encouraged with any conflicts being resolved on the water wherever possible.

## 13. NOTICES TO COMPETITORS

Notices to competitors will be posted on the notice board outside the boatshed.



#### 14. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official course board attached to the Race Box at least half an hour before the earliest launch time.

#### 15. TIME LIMITS

Competitors who may be taking longer to finish the course may have their race shortened, at the discretion of the race officer, and be awarded a suitable, fair finishing place. This will be to allow the competitors to stay moving and warm as well as engaged and supported.

#### 16. RISK STATEMENT

Rule 4 of the RRS states “The responsibility for a boat’s decision to participate in a race, or to continue racing, is hers alone.”

Sailing is, by its nature, an unpredictable sport and, therefore, inherently involves an element of risk. By taking part in the event each competitor’s parent/guardian agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of their child and boat to such inherent risk whilst taking part in the event.
- b) They are responsible for the safety of themselves, their child, their boat and their other property whether afloat or ashore.
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own or action or that of their child.
- d) Their boat is in good order, equipped to sail in the event and that competitors are fit to participate.

*Instructors will be on hand when competitors are going afloat and will be able to provide advice and support to both competitors and their parents.*

The event is being conducted by the W&FYC RTC. If the Person in Charge believes that any competitor or boat is not suitable for the racing that day they will be asked not to race and, instead may be offered support in other ways on the water.

The Person in Charge can cancel, postpone, or abandon racing at any point during the entire event if they deem circumstances to be unsafe.

## 17. LOCAL RULES

- a) Competitors are to be aware of other moving marine traffic and swimmers.
- b) Competitors must not sail between the barges and Horsey Island.
- c) Competitors must not sail on the marina side of the outer pontoon at Titchmarsh Marina.
- d) Scoring: For every three races started by the Race Officer, competitors will have one discard.
- e) Racing results will be published as soon as possible.

## 18. INSURANCE

Each participant entering their own boat must be insured with valid third-party liability insurance with a minimum cover of £2million.

WFYC provides the appropriate insurance for boats owned by the club.

## 19. EVENT FORMAT

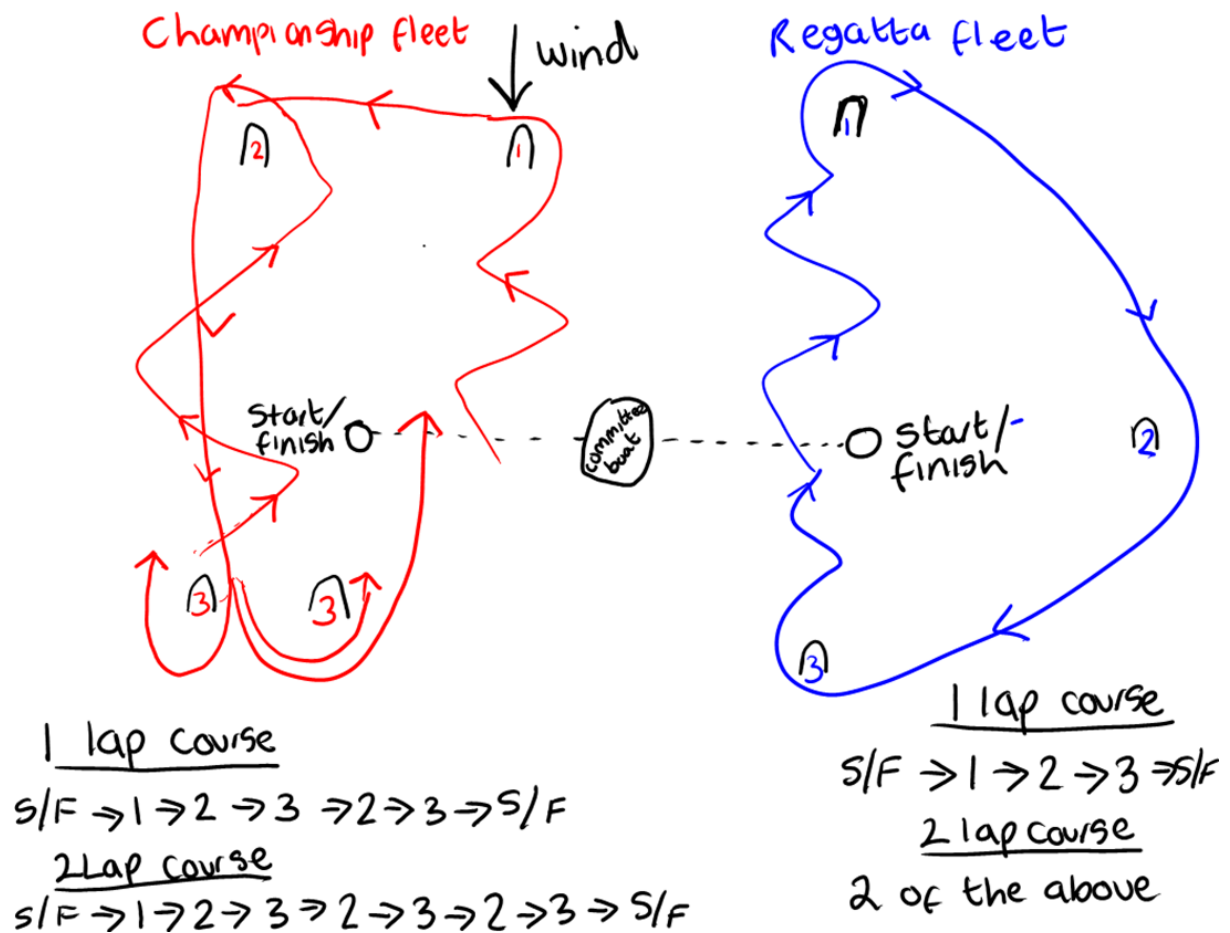
There will be two or three races daily, dependent on weather and tides.

Races will be back-to-back. Cadets are encouraged to carry their own medication if required and adequate food and drink for the duration of the time on the water.

## 20. COURSES

Courses are subject to alteration at the Race Officer's discretion. Below are examples of course types expected to be used.

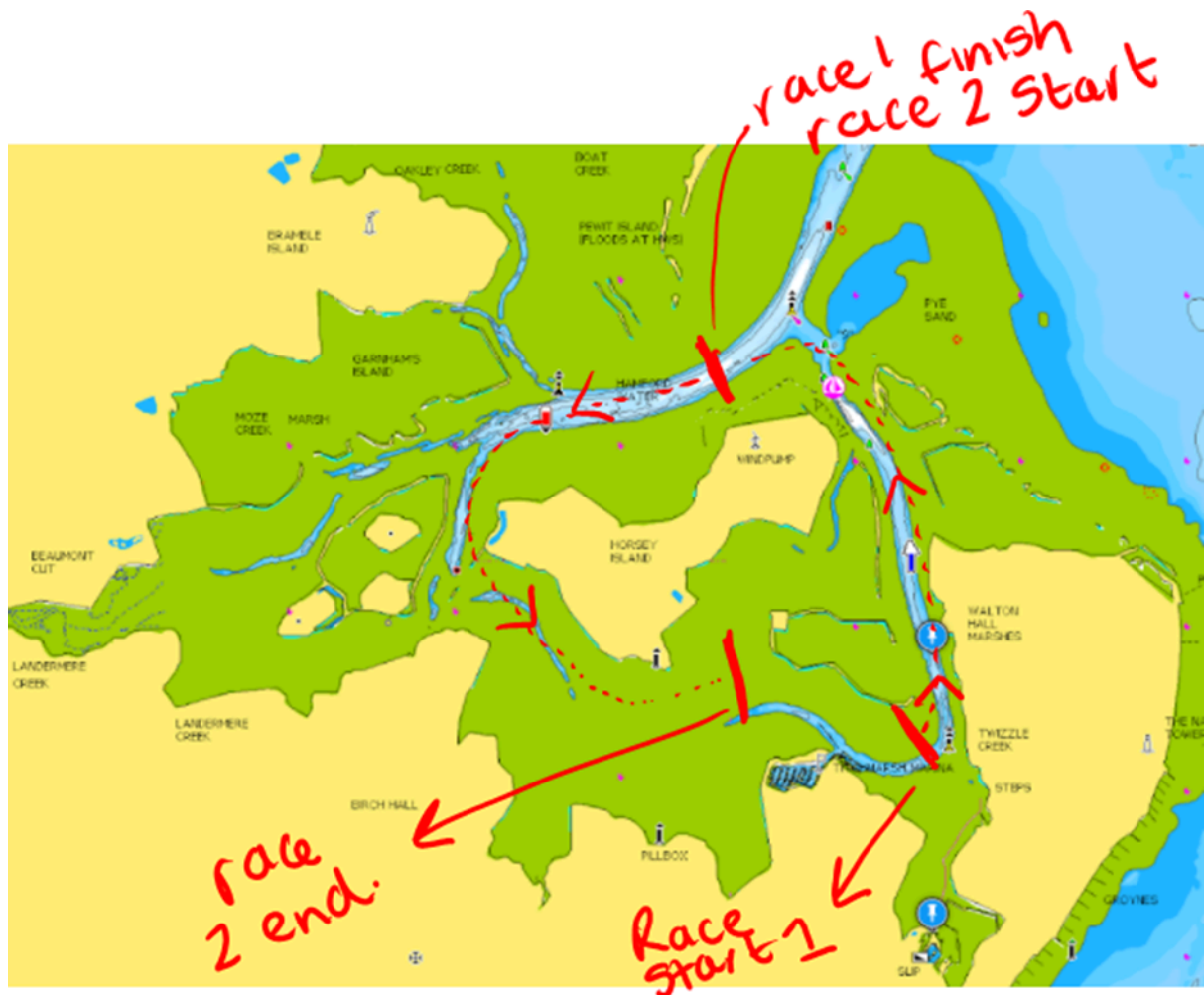
It will be a good idea for cadets to print and laminate the courses below and come prepared to stick them to their boat.



The courses and laps will be shared at the daily briefing.

## 21. Round the island racing route

Round the island race route-weather, wind and competitor dependent to run



## 22. LAUNCHING

Boats will commence launching on the Green flag.

Competitors must follow the instructions of the Beach Master.

The Beach Master will ensure all trolleys are stored in an orderly manner, and will label "own boat" trolleys to ensure recovery is a smooth process.

Parents/ supporters are a vital part of ensuring the organisation of the launch/recovery processes, we always need volunteers to help us with this, if you are happy to help please make yourselves known before the event takes place by contacting Heidi@wfyc.co.uk Advance contact is vital as a full DSB check will be carried out on anyone assisting with 2024 cadet week

**Any such person must be wearing a buoyancy aid whilst in the rigging and launching area.**

Competitors will launch from both slipways.

## 23. SIGN-ON AND SIGN-OFF THE WATER.

Competitors must sign-on to the water by collecting their assigned wrist-band before they launch.

Competitors must remember to sign-off the water by returning their wrist-band as soon as they are ashore, and before de-rigging their boat.

## 24. RADIO COMMUNICATIONS

All SRBs will carry a VHF radio.

Radio communications will be carried out on channel 37.

There will be an allocated person ashore with call sign WFYC BASE whilst racing is taking place. This will be the key point to report any boats returning to the club, medical emergencies/issues, and any other matter that may need shore support.

## **25. DISCLAIMER**

All those taking part do so at their own risk. The Operating Authority, its associates and appointees, accept no responsibility for any loss, damage, injury or inconvenience, howsoever caused.